

Kendal Oral History Group,

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Hawkins shop	0154/9,10;
Hawkshead	0253/10-11; 0296/1-7;
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Haymills builders	0217/1;
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Health visitors	0229/1,6,8; 0231/10-11; 0233/11-18; 0293/4,5-10;
Heaps shop	0105/7; 0119/8; 0126/8;
Heating	0036/37; 0038/6; 0051/14; 0056/2; 0072/7; 0086/4; 0113/3; 0200/15; 0239/10; 0259/9; 0269/6-7; 0275/16; 0296/1; 0364/4; 0366/2;
Heating engineering	0163/22; 0230/9-11; 0269/6-7;
Heaves estate	0088/21;
Heaves Hotel	0083A/6; 0153/11; 0363/10;
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Helme Lodge	0074/1; 0088/15; 0117/2,15,23; 0180/3;
Helmside	0144/10; 0164/2; 0366/15;
Helsfell	0119/7;
Helsington	0072//1; 0240/1,5,25; 02546;
Helsington church	0246/6; 0355/12;

Helsington Laithes	0131/9;
Helsington mill	0156/1,5;
Helsington school	0072/1; 0293/3; 0355/12;
Hemp	0006/4;
Henry Roberts bookshop	0108/8,9; 0168/16;
Heron Hill	0068/10; 0245/15;
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Heversham	0066/11; 0083/7,19; 0083A/1; 0088/8,21-22; 0130/13; 0210/6,7; 0216/9,13,15,18,19; 0239/9,15;
Heversham badminton club	0300/26;
Heversham Church	0066/14; 0216/19; 0239/9; 0254/1; 0300/7,26;
Heversham Grammar	0018/1, 5-6; 0057/4-5; 0095/1; 0139/6; 0181/5; 0238/6; 0239/1,4,5-6; 0240/10,18-19; 0251/4,19; 0254/10;0258/9-10; 0261/6; 0264/ 16; 0269/1,9; 0276/4; 0300/12,13,25; 0353/2; 0360/2;
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Heversham Primary	0239/1,2-4,7; 0300/7-8,10;
Heversham Staton	0069/7; 0218/23; 0240/3;
Heysham	0133/12; 0204/5; 0268/21;
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Huddersfield	0233/9;
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Hudsons,Sandside	0208/14;
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Hutton Roof mill	0006/4
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Hynning,Heversham	0088/21;
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Ibbotsholme	0207/1-2;
IBIS	0044/1; 0060/8,16; 0083/5,8-24; 0087/12; 0108/6-7; 0134/1,2,8; 0159/6; 0163/15-17,22; 0165/40; 0197/2,3,22; 0201/3,4; 0216/1,2; 0217/2; 0227/9-15,17,19,21; 0241/1,4,6,9; 0263/1-4; 0264/3; 0269/3; 0280/19; 0361/2,9,11;
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Queens Hotel	0124/5; 0131/3; 0228/1; 0258/5; 0261/5; 0361/3;
Queens Road	0028/10; 0105/1; 0119/6; 0158/13; 0175/1; 0207/2-5,7; 0244/1,10; 0265/14; 0266/5-6; 0277/1 ; 0285/1;
Quicksands	0288/5 ;
Quiggins	0110/3;
Quiz league	0213/11;
Rabbits	0005/5; 0034/6-7; 0083/25,26; 0107/1-2; 0110/2; 0114/7; 0144/14; 0149/20; 0150/2,8,27,28; 0152/16; 0166/5; 0198/1-5; 0215/9; 0233/9; 0240/22,28-30; 0268/14; 0285/6-7 ; 0357/2-3,12 ; 0366/9,14 ;
Racecourse	0026/1; 0067/6;

Rachel, tram 0275/2,3 ;
 Racism 0196/13;
 RADAR 0300/16-18,20-21;
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 0145/17; 0150/4; 0151/7; 0152/13; 0157/26; 0162/1;
 0200/15-16; 0204/3; 0210/6; 0215/6; 0218/2-3; 0222/18; 0232/9;
 0234/16; 0236/10; 0239/1,4; 0261/12; 0278/10; 0285/2; 0296/15,17;
 0352/2; 0361/10; 0364/4; 0366/1,17;

 Radio Carlisle 0296/17;
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 Raft race 0121/11; 0248/15; 0277/10; 0286/3,8;
 Rag and bone men 0106/6; 0150/8; 0166/5;0243/7;
 Rag rugs see Rugmaking
 Railtons 0119/5;
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 Railways 0003/8; 0005/14; 0020/26; 0026/8-9; 0035/11-13,15,19; 0043/20; 0056/9;
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 0092/1-11; 0094/8; 0095/8; 0098/1; 0101/8; 0107/4,5,6; 0114/1;
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 0152/10,11,13; 0155/6,32; 0157/8,9; 158/19-20; 0162/10; 0163/22;
 0164/1,2,7-8; 0165/13,44; 0168/6; 0174/4-5,11,22; 0181/1,3;
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 0253/6; 0259/2,3; 0261/11; 0262/15; 0265/1-2,7;0278/4-5,6; 0279/2,3;
 0282/1,2; 0283/6; 0285/5,6; 0288/1,5-6;
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 Rainbow Inn 0073/27; 0108/6,15;0208/14; 0361/6;
 Rainforth Hodgsons brush factory 0361/7,10-11;
 Raisbeck 0245/1-6,19-21;
 Raiseholme,Ambleside 02417-8,10;
 Rallying 0220/20-21;
 Ralph, Charlie,shop 0150/4;
 Rates 0214/12;
 Ratherheath 0134/9; 0158/10; 0160/11,12-13; 0250/3,8,9; 0265/1,8; 0280/18;
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 Rathmell 0233/8;
 Rationing 0108/8; 0114/7,9; 0122/6,10-11,12-13,14; 0130/8,11,16; 0133/13-14;
 0134/10; 0135/24; 0142/8,9; 0143/1; 0149/21; 0152/16-17; 0158/6,7-8;
 0159/2; 0181/7,8; 0198/9-10,17;
 0200/11; 0207/4; 0208/3; 0216/10,21; 0220/2; 0222/15,20; 0233/9-10;
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 0355/1,6; 0358/2; 0366/3,4;

 Ratten Row
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 Ravenglass 0134/3; 0257/5; 0261/11;

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Ravenstonedale	0046/8; 0154/1-7; 0242/7;
Ravenstonedale school	0154/1; 0182/9;
Raymonds barbers	0223/26-27;
Rawden school	0088/5;
Reading room, Oxenholme	0164/6;
Reagill school	0075/8-9;
Red Bank	0236/14;
Red Cross	0045/42-3; 0077/14; 0241/9-10; 0265/12; 0352/3,4; 0361/7; 0368/1,3-9;
Red Cross shop	0368/5;
Red House Yard	0168/8;
Red Lion Hotel	0279/4;
Red Squirrel Society	0250/10;
Red Triangle League	0104/10; 0121/5; 0131/15;
Rediffusion	0361/10; 0366/19;
Redmaynes	0168/17;
Redundancy	0131/20; 0245/14-15; 0276/1; 0363/9;
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Refugees	0044/12; 0088/14; 0117/15-16; 0200/12-16; 0207/1-11; 0352/1-8; 0364/3; 0368/4-9;
Reiss butchers	0241/11; 0256/8; 0273/4,9;
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Remembrance Sunday	0362/1;
Rendering	0068/17; 0097/26; 0259/2,15;
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Reptiles	0288/1;
Rescue services	0138/1,2,3-18; 0213/5;
Reservoirs	0181/1,3,6,7; 0247/18-19; 0254/1;
Restaurants	0126/7-8; 0352/3;
Reston Scar	0208/1; 0235/1,5;
Retirement	0107/5; 0180/18; 0200/13; 0208/4,10; 0214/13; 0217/1; 0259/20; 0268/19-20; 0273/13; 0293/10; 0354/2,4;
Rhodes watch shop	0273/1;
Ribble Motor Services	0120/5; 0233/4; 0243/1; 0253/7-10; 0258/6,7-8,11-12; 0275/3-4; 0279/2;
Richardsons butchers	0248/8;
Richmond	0128/1;
Rifle butts	0288/1;
Rifle range	0288/11;
Rifleman's Arms	0106/4; 0354/3; 0361/6;
Riggs bakers	0150/5; 0223/32; 0246/10; 0361/3;
Riggs café	0008/2; 0154/10,15; 0168/17; 0275/18; 0279/1;
Riggs greengrocers	0361/2;
Riggs Hotel	0090/8; 0130/8; 0203/6-7;

Riggs shop	0108/5; 0109/9; 0166/3; 0251/21; 0264/4;
Riggs, Walter,shop	0150/5;
Rigmaden	0247/11;
Rimington	0233/10;
Ring o Bells	0083/31; 0167/4-5; 0213/12; 0361/6;
Rinkfield	0027/13; 0068/10; 0077/3; 0078/9; 0086/14; 0101/4; 0166/1,2; 0197/1,11-17; 0221/8; 0222/1,2,6-7,9; 0226/29; 0280/5; 0283/1,4,7,8; 0295/7;
Rinteln	0210/19;
Ripon	0056/6; 0116/5; 0215/1;
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River Kent flood relief scheme	0138/11;
River Lune	0127/1; 0134/9;
River Mint	0217/3; 0219/11; 0361/8;
Riverside hotel	0122/2; 0156/2-5,6-7,8,9; 0157/2,7; 0220/5; 0240/5,12; 0241/5,16-17; 0290/8; 0294/6;
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Road mending	02353;
Road sweeping	0108/8,9;
Roberts, Henry bookshop	0261/6-7;
Robins kindergarten	0159/5-6;
Robinson and Low	0363/1;
Robinson, Jack,newsagent	0273/4-5;
Robinsons bakery	0105/1;
Robinsons woodworks	
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Rock and roll	0237/15-21;
Roe, A.V.Woodford	0066A/2-3;
Roe's, grocer, Windermere	0278/3;
Roebuck Inn	0073/20; 0078/12; 0105/12; 0177/9; 0202/19; 0285/9; 0361/6;
Rolls Royce	0273/10,12;7;
Romans	0006/8;
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Romney Bridge	0073/21-22; 0126/17; 0131/15; 0245/15; 0269/9;
Romney, George	0362/
Romney hotel	0094/2; 0259/22-24;
Romney Road	0065/3; 0083/27; 0118/1; 0251/26;
Romney suspension bridge	0249/9;
Romneys mintcake	0040/7; 0097/12; 0109/9; 0126/4; 0367/1;
Rope shop	0126/8,12;
Rope works	0013/4-7; 0023/9-10; 0096/14; 0102/15,16-17; 0103/14,16; 0118/11; 0119/3; 0134/5; 0136/1,3-4; 0139/6.7.8-12,14-17; 0163/23; 0170/4; 0175/5; 0237/22; 0366/2,5;
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Rose Yard	0126/9;
Rosemary Hill	0078/9,17; 01758;
Rosemary Lane	0078/9,17; 0175/5,8;

Rosemead Avenue	0063/8; 0089/3,5; 0174/13; 0259/15;
Rosgill	0220/1,5;
Rossill Bridge	0151/5,6;
Rotary Club	0073/17; 0358/10;
Roths	0108/6;
Round Table	0261/11; 0269/3-4;
Rounders	0094/9; 0096/7;
Roundhills School	0136/15-16;
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Royal Air Force	0069/15-16; 0094/8; 0101/5,7-8; 0108/7; 0116/8; 0131/8; 0171/3,10; 0200/12; 0202/7; 0204/1-2; 0218/3; 0244/8,9-10,12; 0251/1,6,25; 0300/15,16-19; 0363/6;
Royal Albert hospital Lancaster	0216/23-24;
Royal Army medical corps	0088/12,13,14;
Royal College of Arts	0236/14;
Royal Lancaster Infirmary	0231/7-9;
Royal Marines	0117/1,14,19;
Royal Naval Reserve	0170/9-10;
Royal Navy	0087/12;0121/3,5; 0209/18-19;
Royal Observer Corps	0203/26; 0281/3-4;
Royal Show	0257/4;
Royalty	0088/22; 0102/6; 0127/6; 0136/2; 0232/9; 0248/13; 0250/6-7; 0251/1516; 0258/14-15; 0261/2; 0269/3-4; 0295/6; 0296/16; 0361/10; 0357/15; 0366/12;
Royalty cinema	0296/8;
Rubbish	
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Rug making	0042/5; 0065/8; 0077/12; 0079/1; 0122/12; 0124/11; 0137/6; 0152/5; 0176/12; 0265/11; 0357/9;
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Running	0131/15; 0163/10; 0258/10; 0299/2;
Ruskin lace	0014/15; 0226/1-2,3,5,10;
Rusland church	0170/8;
Russell Brothers	0258/17,20;
Rutters chemists	0154/10;
Ruxtons	0087/9;
Rydal	0226/6;
Rydal Hall	0247/11;
Rydal Mount	0173/1;
Rydal Terrace	0127/1;
Rydal Water	0236/14;
Rythmico	0237/18-20,21;
SPD	0363/8;
Saddlers	0089/6; 0108/6,9; 0109/9; 0126/12; 0172/2,13;
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St Bees school	0161/2; 0203/3; 0241/13; 0261/11;

St Georges church	0083/2; 0142/9; 0158/11; 0215/5; 0216/40; 0217/2,5; 0258/20-21; 0264/6; 0284/2; 0291/8-9; 0292/7,8; 0366/7;
St Georges cinema	0106/5; 0134/10; 0137/7; 0166/8; 0219/13; 0288/8,9; 0356/3; 0366/6-7;
St George's Hall	0023/14; 0039/5-6; 0044/12-13; 0048/12; 0052/15; 0067/7; 0096/13; 0105/3; 0126/1; 0127/5,6; 0300/5;
St George's school	0103/1; 0134/4-5; 0159/1,4; 0170/3,4-5; 0171/2; 0215/4; 0227/1,2; 0237/3; 0251/2,9; 0258/4,5,8; 0259/2,9; 0264/1,6; 0277/17; 0284/2-3; 0366/2-3,10;
St George's Theatre	0034/9-10; 0060/22; 0073/12-13; 0079/11; 0083/30; 0094/14; 0097/8; 0130/25; 0159/13-15; 0181/13; 0201/35; 0210/4; 0227/9,21; 0244/16; 0251/22; 0260/7,8-10; 0266/7,10-12; 0271/6; 0283/3; 0360/10;
St George's Vicarage	0292/7;
St James School, Barrow	0003/4, 11;
St John Ambulance	0045/42-3,49-51; 0049/5,23; 0060/8-9; 0074/4-5; 0304/4;
St John's church, Firbank	0252/2-3;
St Johns church Sandes Ave	0158/11; 0223/12; 0260/13,15;
St John's hospice	0287/6;
St John's Presbyterian church	0363/7;
St Marks home	0164/25,26;
St Martins Church, Bowness	0217/5;
St Martins College	0136/18;
St Mary's Lane	
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St Mary's school	0195/11;
St Mary's Well	0290/7;
St Monica's	0045/23-5; 0081/10-14; 0261/13-14;
St Oswalds school	0251/3,10,12,13;
St Thomas' Church	0052/12; 0071/1,3,6-8,10-11; 0162/10; 0170/7,8; 0174/17; 0196/5; 0215/8; 0291/9;
St Thomas's Mission	0056/8; 0356/4;
St Thomas' School	0052/21-22; 0056/3-4; 0058/1; 0060/1-5; 0102/1-2; 0116/1-2; 0139/2,4,5; 0158/1-2; 0162/5-6,8; 0174/17; 0127/1; 0136/6-8; 0139/2,4,5; 0145/5-6; 0202/2-4; 0203/11; 0210/19-20; 0221/1,4,5; 0227/1; 0243/3,4; 0248/2; 0249/1; 0265/6; 0277/17; 0280/4,8,9; 0363/1;
St Thomas' Sunday school	0127/3; 0203/21;
St Thomas' vicarage	0162/1,2; 0265/9-10;
Saints ironmongers	0100/7;
Sales	0270/6-7; 0299/5-8;
Salesmen	0220/1; 0299/5-8;
Salt	0130/2;
Salt Box(house)	0175/6,9;
Salvation Army	0040/12; 0043/18-19; 0097/13,26; 0166/34; 0203/18; 0288/9;
Salvation Army band	0097/26;
Salvation Army hall	0097/12;
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Sandaire	0066/1,3; 0094/8; 0096/2; 0366/2;
Sandaire chapel	0096/2; 0210/8; 0219/8; 0249/2;

Sandaire meeting house	0215/8;
Sandaire Sunday school	0130/14;
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Sandes Avenue Chapel	0203/20;
Sandes Avenue school	0356/2,4,7 ;
Sandes family	0290/1;
Sandes hospital	0290/1;
Sandford	0128/5;
Sandgate	0301/2;
Sandgate school	0229/12;
Sandside	0034/9; 0068/8; 0077/2; 0078/12; 0102/6; 0105/17; 0119/14; 0130/8-9; 0162/10; 0168/6; 0171/14; 0181/3; 0208/14; 0234/14-15; 0244/2,16; 0288/5,6; 0291/7;
Sandside Station	0240/3; 0215/9;
Sandy Bottoms	0103/12; 0127/1; 0158/16;
Sandylands	0030/9-10; 0058/5; 0103/2,13; 0121/9; 0126/16; 0131/11; 0172/1; 0181/1,6; 0200/10; 0214/1,17; 0221/1,9-10; 0222/12,17-18,21-25; 0223/1-2; 0225/1,11,15,19,20; 0227/1,2,5,7-8; 0229/9,12; 0258/4,5; 0264/15; 0266/4-5; 0302/1,2; 0303/2; 0311/3; 0361/4; 0366/5;
Sandylands chapel	0093/11; 0103/3; 0164/33;
Sandylands football club	0223/14;
Sandylands Methodist church	0282/3-4; 0303/2; 0309/6;
Sandylands Road	0227/2,8; 0301/2; 0302/1;
Sanitation	0004/20; 0009/10/12 -13; 0011/7; 0018/3-4, 16; 0021/5; 0024/2-3; 0031/3; 0034/3,5; 0035/12;0036/14,36; 0038/1-2; 0040/7,13,16; 0050/5; 0056/2; 0058/5,6; 0060/7; 0063/6; 0065/15; 0068/2; 0069/14-15; 0078/2-3,8; 0079/2; 0083/5; 0095/3; 0097/3,19;0100/5; 0101/2; 0102/1; 0104/1; 0105/12-13; 0106/1-2,7-8; 0113/24; 0118/1; 0124/13,19; 0130/2,6,15; 0131/4; 0134/4; 0139/2; 0150/20; 0151/5; 0157/12; 0161/12,14; 0163/6; 0165/4-5; 0166/12; 0168/1; 0200/12; 0201/16; 0202/3; 0210/4; 0212/9-10; 0214/15-16; 0215/1,2; 0219/2; 0221/1; 0222/1,6,18-20; 0239/3,4; 0243/13,15; 0247/17; 0252/1; 0258/2-3; 0259/8; 0266/6; 0274/1; 0276/2; 0280/6; 0300/24; 0358/3; 0361/1,2; 0364/3; 0366/2;
Sargens school of dance	0102/12;
Sarginsons grocers	0361/3;
Sargison's	0150/5;
Satterthwaite	0045/21
Satterthwaite mill	0045/21;
Satty Lane, Staveley	0275/4;
Saturday jobs	0252/5; 0258/14;
Savings	0245/20-21;
Savoy café	0122/5; 0130/14; 0261/7;

Sawmill Lane	0181/3; 0277/3;
Sawmills	0013/1; 0031/10; 0057/13; 0090/14; 0103/14,17; 0268/10; 0366/5;
Sawyers	0090/14;
Sawyers Arms	0056/7; 0361/6; 0363/1;
Sayer and Woof haulage	0220/4-18;
Scaffolding	0128/16;
Scarlet fever	0004/2; 0203/16; 0215/2; 0265/18-19; 0273/6-7; 0283/1-2; 0353/14;
Scholarships	0145/8; 0236/12; 0238/6; 0251/11,19; 0300/11;
School bus	0157/13; 0163/9,10;0242/3; 0272/3;
School leaving age	0361/9; 0363/4;
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Snooker	0097/9; 0197/22-25;
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